



THE UNIVERSITY OF THE THIRD AGE

U3A PORT FAIRY INC

2024 Courses

Semester 2

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Art

Gallery Visits

24GALL12

Dates: 05/08/2024 - 29/11/2024

Location: Various locations

Type: 2 per Semester

Mondays

Course Leader: Mary KERR

Course Leader2: Kerrie Leanne ROBERTSON

As in past years we plan to visit some of the fascinating regional galleries in South West Victoria and beyond. In the past these galleries have provided us with a guide or in some cases more than one and we have celebrated by having morning tea and/or lunch together. Each of our past visits have been enjoyed by all as well as being interesting and informative. In 2024 we will again be travelling by either train, bus or car-pooling. If the interest is there in Semester Two we will arrange for a trip to the NGV in Melbourne to see their 2024 Winter Exhibition Pharaoh which should be amazing.

Reading

First Tuesday Book Group

24BKCB02

Dates: 06/08/2024 - 29/11/2024

Location: PF Community House Cottage

Type: Monthly

Tuesday 13:00 - 14:30

Course Leader: Julie FALL

Participants help choose the books for each semester. Reviews and articles about each book are usually sent around about a week before the meeting and we come together for discussion.

Historical Fiction

24HFCT12

Dates: 09/08/2024 - 29/11/2024

Location: Blarney Books, 37 James Street

Type: Monthly

Friday 13:00 - 14:30

Course Leader: Kate DONELAN

Each month we will read and discuss a selected novel set in the past. We will explore the interpretation of the historical context by the writer: the setting, the people and events. We will talk about the characters, plot and social and political themes and how these relate to our lives and the contemporary world. A reading list will be supplied before the course and supplemented each month with other resources.

Craft

Buttons and Sewing Ephemera

24BUTT12

Dates: 15/05/2024 - 30/11/2024

Location: PF Community House Station Room

Type: 2 Sessions

Wednesday 13:00 - 14:30

Course Leader: Heather TEMPLETON

Course Leader2: Jean KING

The use of buttons on garments, furniture and other ephemera started around the 13th century although for centuries prior to that they were used as decorations. Like many other daily objects buttons change with times and fashion. This course focuses on people's button collections giving people insights into the different shapes, materials and styles of buttons from the past and present. Initially the course will run for two sessions over May-June then later in August- September.

Embroidery for all

24EMBY12

Dates: 06/08/2024 - 29/11/2024

Location: Robin's place

Type: Weekly

Tuesday 13:00 - 15:00

Course Leader: Robin SOUTHEY

The course follows the preferences of attendees. Basic stitches to advanced work. Covering many styles; surface stitchery pulled thread, drawn thread, cut work, crewel work and about 20 other techniques. All hand-stitched.

Those Unfinished Projects

24KNIT02

Dates: 15/08/2024 - 21/11/2024

Location: PF Community House Cottage

Type: Fortnightly

Thursday 13:00 - 15:00

Course Leader: Hera Edith GIBBS

A time to complete unfinished creations: knitting, crochet, craft or whatever and connect with others who also have unfinished creations in their cupboards. Or maybe you would just like to come along and continue an ongoing project.

Dance

Movement to Music

24MMUS12

Dates: 06/08/2024 - 29/11/2024

Location: Retired Servicemen League (RSL) Hall

Type: Weekly

Tuesday 13:00 - 14:30

Course Leader: Pamela RYCROFT

This course involves some guided and some free movement to Afro-beat music. Warm-ups, some improvised movement and some choreographed dancing is involved. It requires a reasonable level of fitness, and an enjoyment of dance. A willingness to give things a go and have some fun is also recommended.

Discovery

Knowing your own Backyard: Port Fairy Sites and Stories

24BTLC02

Dates: 15/08/2024 - 28/11/2024

Location: PF Community House Station Room

Type: 5 Sessions

Thursday 10:00 - 12:00

Course Leader: Penny IRONS

This course is designed to develop knowledge and skills relating to Port Fairy and the broader region as a tourist destination. This knowledge and skill base will be useful for those wishing to volunteer at the Tourist Information Service. Sessions will be a mix of classroom and fieldwork. Participants will design tours and activities to assist tourists, friends and family to explore and enjoy what Port Fairy and the region has to offer. Jaimee Page, Tourism Services Office, will have input into the course and will be a valuable resource for our projects. The course is designed for all to have fun while learning more about our region.

Getting to know Malaysia

24MALY02

Dates: 06/08/2024 - 26/11/2024

Location: PF Community House Station Room

Type: 14 Sessions

Tuesday 14:30 - 16:00

Course Leader: David OON

1. Learning about the Malay history – where was it's origins, where it is spoken and how the language changed and grew. From Portuguese to English. (Introductory lesson). 2. We start getting familiar with its culture through Dance, Song and Dress. (From sessions 2 to 6). 3. Then we enjoy sampling its Food. We won't be just exploring Malay food but a wider Malaysian variety which is influenced by Chinese and Indian cuisine when living in harmony from early colonial migration to the Malay peninsular. (Sessions 7 to 10). 4. The last few sessions will be recapping and doing what the group likes to re-experience and perhaps visit a Malaysian Restaurant or a Malaysian Cultural place or event.

Where do we come from? A DNA Journey

24DNA12

Dates: 28/08/2024 - 29/11/2024

Location: Football Club Rooms, 111 Griffiths Street

Type: Monthly

Wednesday 10:00 - 11:30

Course Leader: Ralph LEUTTON

A presentation and facilitated discussion series that digs into people movements and cultural development over time.

Travelling Light

24TRVL02

Dates: 15/08/2024 - 15/08/2024

Location: PF Community House Cottage

Type: 1 Session

Thursday 10:00 - 11:30

Course Leader: Maggie LEUTTON

How to travel for extended periods across varied temperatures & destinations with 7-10kgs!

Drama

Old Radio Plays

24RDPY02

Dates: 08/08/2024 - 14/11/2024

Location: PF Community House Station Room

Type: 4 Sessions

Thursday 15:00 - 16:30

Course Leader: Wendy SMYRK

Your chance to be someone else - in another time and place! Remember Sunday nights, listening to the radio: "Life after Dexter", "Night Beat" and "The Goon Show"? Have some fun reading old Radio Plays complete with sound effects and the correct dress "etiquette"! Don't be faint-hearted, shy or retiring ... otherwise you might miss out on finding that radio star that was always in you.

Exercise

Monday Morning Walking Group

24WALK12

Dates: 05/08/2024 - 29/11/2024

Location: Port Fairy Memorial, Bank Street near PFCH

Type: Weekly

Monday 9:30 - 10:30

Course Leader: Mary KERR

An exceptionally friendly bunch! Why not start the week off with a walk and then coffee with a group of fellow U3A members? Each week we walk for about 45 minutes and then chat over coffee. We always walk the same way so that those who wish to walk a shorter distance or live along the route can join us as we pass by.

Games and Puzzles

Bridge

24BRID02

Dates: 05/08/2024 - 23/09/2024

Location: PF Community House Station Room

Type: 8 Sessions

Monday 10:30 - 12:00

Course Leader: Robin SOUTHEY

Eight cumulative weekly sessions of bridge instruction for experienced players and beginners. Notes are provided. As it is a sequential series of lessons it is important to build bridge knowledge on the work of the previous week and therefore the course is too hard if lessons are missed.

Mah Jong

24MHJ12

Dates: 14/08/2024 - 29/11/2024

Location: PF Community House Cottage

Type: 8 Sessions

Wednesday 13:30 - 15:30

Course Leader: Susan GOY

The game of Mah Jong was invented by the Chinese thousands of years ago. Mah Jong is a fascinating game that involves solving a tile-matching puzzle before you run out of moves. Although it appears complicated it is easy once the rules are mastered. For the many people who have wanted to play this game this is your chance. It introduces you to the game and gives more experienced players the chance to play regularly. For beginners there will be meetings once a week for four weeks then integration into the larger group. Players will meet fortnightly on (second/fourth) Wednesday of the month.

Pétanque

24PNTQ02

Dates: 20/10/2024 - 03/11/2024

Location: Port Fairy Pétanque course, Bowls Ct

Type: 3 Sessions

Sunday 14:00 - 16:00

Course Leader: Tim DOEG

Come and learn to play petanque with the Port Fairy Petanque Club. Petanque is a gentle, fun sport where players play metal boules (balls) towards a target ball. The objective is to score points by having boules closer to the target than the opponent after all boules have been thrown.

Lessons will be held on the petanque piste in Bowls Court during our regular Sunday games. You will learn the techniques and tactics with our mentor members and then join in a game with the rest of the club.

Cryptic Crosswords

24CRYP02

Dates: 23/09/2024 - 11/11/2024

Location: Senior Citizens Hall, 19 Barclay Street

Type: 8 Sessions

Monday 10:00 - 11:30

Course Leader: Tim DOEG

"I can't do cryptic crosswords" is a common response when someone sees one. Well you can! Discover the secrets of Cryptic Crosswords. Learn the basic rules and structures of cryptic clues. Find out about word plays anagrams hidden letters, reversals, deletions, double definitions etc. Then tackle a whole puzzle with the class.

Health

Yoga - Hatha Yoga

24YOGA12

Dates: 27/08/2024 - 29/10/2024

Location: Retired Servicemen League Hall, 4 Bank Street

Type: 10 Sessions

Tuesday 10:00 - 11:15

Course Leader: Greg WALKER

Hatha Yoga uses yogic postures movement and breathing techniques to energise, strengthen and vitalise the body. The classes will also introduce meditation and relaxation techniques. They are suitable for beginners and experienced yogis alike. Hatha Yoga balances the activities and processes of the physical, body mind and energy. Have fun with yoga while improving your strength and flexibility.

History

Female Inventors

24FINV02

Dates: 19/08/2024 - 18/11/2024

Location: PF Community House Cottage

Type: Monthly

Monday 13:00 - 14:30

Course Leader: Lorraine MIELNIK

Throughout history women have been inventors and seekers of new knowledge but often their efforts have not been appropriately acknowledged.

In these sessions we will discover these women and explore their inventions and discovery of new knowledge that has had an impact on our lives.

Early Port Fairy- The Backstories

24PFST02

Dates: 08/08/2024 - 10/10/2024

Location: PF Community House Station Room

Type: 6 Sessions

Thursday 10:00 - 11:30

Course Leader: Judith KERSHAW

Indigenous People and what happened to them; Whalers and Settlers – who they were and where they came from; Men and Women of Port Fairy / Belfast up to 1860.

Hobbies

Gardens of the World

24GRD02

Dates: 08/08/2024 - 19/09/2024

Location: PF Community House Cottage

Type: 4 Sessions

Thursday 13:00 - 14:30

Course Leader: Alyson GLARE

These 4 sessions feature virtual tours of gardens around the world. Each session has a general theme or a focus on a particular part of the world and we will have a look at 6 or more short clips of gardens. Each session is self-contained - you can sign up for one or more of the sessions depending on your interest or availability. The sessions are: 1. Gardens around the World: A sense of place. 2. Japanese Gardens 3. Islamic Gardens 4. Around the World: Public parks and gardens. Sessions are fortnightly, beginning Thursday 8th August.

Language

Auslan for Beginners

24AUSL12

Dates: 07/08/2024 - 20/11/2024

Location: Football Club Rooms, 111 Griffiths Street

Type: Fortnightly

Wednesday 11:00 - 12:00

Course Leader: Romaine JARMAN

The term Auslan stands for Australian Sign Language. It uses manual communication and gestures instead of sound to express the thoughts and meaning of the speaker. In this course we will introduce, revise and practise Auslan fingerspelling and signs for greetings, technology, food and drink, sport, hobbies, travel, colours and family. The course will run fortnightly over the two semesters.

Music

Third Age Singers (Choir)

24CHOR12

Dates: 07/08/2024 - 30/11/2024

Location: Football Club Rooms, 111 Griffiths Street

Type: Weekly

Wednesday 14:00 - 15:15

Course Leader: David WILSON

Do you enjoy singing? Would you like to be part of our U3A Choir? The choir sessions enable lots of good fellowship and fun with leader Jillian providing an abundance of enthusiasm and expertise. Each session includes some gentle breathing and movement exercises followed by singing new songs and on-going practice of our known songs. While our regular sessions are the focus of our enjoyment there will be opportunities for an occasional performance.

Great Composers

24COMP12

Dates: 12/08/2024 - 29/11/2024

Location: Senior Citizens Hall, 19 Barclay Street

Type: 8 Sessions

Monday 13:00 - 14:30

Course Leader: Ruth WALTER

Course Leader2: Eda RITCHIE

Development of Classical Music through the life and music of great composers. This course offers an opportunity to become familiar with the works and lives of the great composers. We will note the manner in which the prevailing historical artistic and social environment influenced their music through listening to a range of their compositions. We will note the historical, political, social and technical development which influenced the music and development of musical trends through a study of the lives and music of great composers.

Djembe Drumming

24DRUM02

Dates: 13/08/2024 - 08/10/2024

Location: Football Club Rooms, 111 Griffiths Street

Type: 5 Sessions

Tuesday 15:00 - 16:30

Course Leader: Pamela RYCROFT

Initially a series of 5 sessions for beginner djembe players based on video lessons followed by group practice

Outdoor

Botany in the Bush

24BIB12

Dates: 15/02/2024 - 30/11/2024

Location: Various locations

Type: 4 Sessions

Thursday 10:00 - 15:00

Course Leader: John MILLER

Join botanist John Miller on short walks through bushland areas to survey and identify the plants that occur in our local environment. We will identify and collect samples of the plant species present at each site using a range of plant survey collection and preservation methods. The site collections will then be sent to the National Herbarium of Victoria for inclusion in the national plant collection. Only short distance walking is required so the course is suitable for most mobilities.

Birdwalks in Port Fairy

24BIRD12

Dates: 12/02/2024 - 30/11/2024

Location: Various locations

Type: 3 Sessions

Monday 10:00 - 11:30

Course Leader: Tim MINTERN

Beyond shearwaters Port Fairy hosts a range of other bird species. This course will help you to spot and recognise the range and variety of bird species that inhabit our landscape. The group will walk through the local environment spotting birds and finding out their names habitats and other features. You will need to be able to walk comfortably for approximately four to five kilometres. Binoculars would be very useful but not essential.

Discussion

Current Affairs

24CUAF12

Dates: 12/08/2024 - 25/11/2024

Location: Charlies on East, 4 Hughes Avenue

Type: 8 Sessions

Monday 10:00 - 11:30

Course Leader: Peter REEVES

This course relates to our three U3A purposes. Participants connect with others through discussion of current affairs topics drawn from state, federal and international issues. The group learns from each other through sharing new information and respecting different opinions. Participants socialise through meeting others for an exchange of thoughts and ideas. Meetings will take place twice a month on 2nd and 4th Mondays.

First Australians Discussion Group

24FTAU12

Dates: 09/08/2024 - 29/11/2024

Location: Blarney Books, 37 James Street

Type: Monthly

Friday 11:00 - 12:15

Course Leader: Lawry MAHON

Current issues relating to Aboriginal and Torres Strait Islander people will be discussed. The course leader will email participants suggesting relevant material to read and/or watch before each session.

Our Stories: Story Telling

24STYT12

Dates: 08/08/2024 - 07/11/2024

Location: Charlies On East, 4 Hughes Avenue

Type: Monthly

Thursday 13:30 - 15:00

Course Leader: Kath HARPER

If you enjoy, want to tell stories and also listen to the stories of others then this group might be for you. Stories must be true and connected to person/family/friends - past or present - of the one telling the story. Memorabilia and props can be included. Stories may be read out spoken orally (told) or pre-recorded. There will be a time limit to enable the opportunity for a number of members' stories to be told each session. Group size will be a maximum of 10.

Writing

Writing Group

24WRT12

Dates: 16/08/2024 - 15/11/2024

Location: PF Community House Station Room

Type: Monthly

Friday 13:00 - 14:30

Course Leader: Gianna SPONCHIADO

We explore, experiment with and challenge ourselves with different styles of writing genres and formats. In each session participants share their work and constructive supportive feedback is given. Homework for the month is given collaboratively. It is fun to keep extending ourselves; wonderful literary surprises are always around the next corner or session.
